

Daily Emotions in Therapy

*A research study to better understand how
therapy and counseling improves our
emotional well-being*



- 1) Are you currently receiving therapy or counseling (in-person or virtual)?*
- 2) Do you have access to a personal smartphone and computer with internet?*
- 3) Are you 18+ years or older and live in the Northeastern Ohio area?*

Then participate in our study!

You will have the opportunity to earn a total of \$100 for your study participation over 3 months.

<https://www.clinicalaffectivesciencelab.com/participate>

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